

Rochester STEM Academy

Personal Learning Plan 2019-2020

Your Name Here

StarID(PSEO):64209

Stinger ID(PSEO):

Star ID Password:

Personal Learning Plan

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My Action Plan for this Year

What is your plan?

Why is that your plan?

How are you going to obtain your plan?

Post-Secondary Goal

What is your goal?

Why is that your goal?

How are you going to obtain your goal?

My Career Goals

What is your goal?

Why is that your goal?

How are you going to obtain your goal?

My Educational Plans

	Bachelor's degree (4 years of postsecondary education or more)		Military
	Associate degree (2 years of postsecondary education)		Employment
	Certificate		No plan at this time
	Apprenticeship		Other

Support Network

Who will encourage and support you to achieve your goals?

What do I need to work on this (year, semester, quarter)?

Rochester STEM Academy
Credit Balance Sheet - Graduation Requirements

English: 4 Credits

English I (1 credit)
 Qt. 1:___ Qt. 2:___ Qt. 3:___ Qt. 4:___
English II (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
English III (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
English IV (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___

Science: 4 Credits

Physical Science (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Biology (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Chemistry (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Physics (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Other (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___

Math: 4 Credits

Algebra I (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Geometry (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Algebra II (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Pre-Calc (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___

Social Studies: 4 Credits

World History (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
US History (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Geography (1 credit)
 Qt. 1___ Qt. 2___
Civics (.5 credit)
 Qt. 1___ Qt. 2___
Economics (.5 credit)
 Qt. 1___ Qt. 2___
Psychology (.5 credit)
 Qt. 1___ Qt. 2___

Art: 1 Credit

Engineering (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Other
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___

Electives: 7 Credits

Physical Education (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Health (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Computers (.5 credit)
 Qt. 1___ Qt. 2___
Careers (.5 credit)
 Qt. 1___ Qt. 2___
College Prep (.5 credit)
 Qt. 1___ Qt. 2___
Arabic I (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Arabic II (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Arabic III (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Service Learning (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Service Learning (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___
Service Learning (1 credit)
 Qt. 1___ Qt. 2___ Qt. 3___ Qt. 4___

PSEO Credits

Course Name/Credit Hours:
 Sem. 1___ Sem. 2___
Course Name/Credit Hours:
 Sem. 1___ Sem. 2___
Course Name/Credit Hours:
 Sem. 1___ Sem. 2___
Course Name/Credit Hours:
 Sem. 1___ Sem. 2___
Course Name/Credit Hours:
 Sem. 1___ Sem. 2___
Course Name/Credit Hours:
 Sem. 1___ Sem. 2___

Graduation Requirements			
Subjects	Credit Requirements	Credits	
	Class of 2016 & Beyond	Planned	Completed
English/Language Arts	4 credits	4	
Mathematics	4 credits	4	
Science	4 credits	4	
Social Studies/Social Sciences	4 credits	4	
Engineering/Art	1 credit	1	
Elective courses in areas of Arabic/Service Learning/Physical Education/Health/College Prep/Computers/Careers	7 credits	11	
TOTALS	24 credits	28	

** You must pass every quarter of your core classes to stay on track to graduate.*

Course Plan-Example				
	9th Grade	10th Grade	11th Grade	12th Grade
English	English I	English II	English III	English IV
Math	Algebra I	Geometry	Algebra II	Other Math (Pre-Calc)
Science	Physical Science	Biology	Chemistry	Other Science (Physics)
Second Language	Arabic I	Arabic II		Arabic III
Social Studies	World History	US History	Geography & Economics	Psychology/ Civics
Arts			Engineering	
Electives	P.E Keyboarding Service Learning	P.E. Health Service Learning	Health Careers Service Learning	Personal Fitness College Prep Service Learning
Total Credits	7	7	7	7

** You must pass every quarter of your core classes to stay on track to graduate.*

NWEA Scores												
	9Fa	9Wi	9Sp	10Fa	10Wi	10Sp	11Fa	11Wi	11Sp	12Fa	12Wi	12Spr
Eng												
Math												
Read												
Lexile												
Sci												

WIDA ACCESS					
Test	W-APT	9th	10th	11th	12th
<u>Oral</u>					
<u>Written</u>					
<u>Listen</u>					
Reading					

MCA				
Grade	Reading	Math	Science	Writing
<u>9th Grade</u>				
<u>10th Grade</u>				
<u>11th Grade</u>				
<u>12th Grade</u>				

College Entrance Exam Scores						
Test	Comp	English Verbal	Math	Reading	Science	Writing
<u>Accuplacer</u>					NA	NA
<u>ACT</u>						
<u>ASVAB</u>						
<u>PSAT</u>						

<u>SAT</u>						
<u>Other</u>						

Programs of Study of Interest (Most recently saved)		
Program of Study	Date Saved	What I Learned
		What college would you go to for this program? What are the requirements for this program? What jobs can you do with this degree?
		What college would you go to for this program? What are the requirements for this program? What jobs can you do with this degree?
		What college would you go to for this program? What are the requirements for this program? What jobs can you do with this degree?

From My Portfolio>Favorites>Programs of Study

Postsecondary Schools of Interest (Most recently saved)		
College	Date Saved	What I Learned
		What do you like about this college? How much does it cost to go to this college? What is the ACT code for this college?
		What do you like about this college? How much does it cost to go to this college? What is the ACT code for this college?
		What do you like about this college? How much does it cost to go to this college? What is the ACT code for this college?

From My Portfolio>Favorites>US Colleges and Universities

Financial Aid & Scholarships		
<u>Scholarship</u>	<u>Date applied</u>	<u>Result</u>
FAFSA		

Employment History and Work-based Learning Experience				
Employer	Contact #	Address	Dates	Description

From Résumé Creator>Paid and Unpaid Work>Work History

Volunteer and Community Service (Most recently saved)				
Organization	Hours	Date Saved	Supervisor	Description

From Résumé Creator>Paid and Unpaid Work>Volunteer Work/Community Service

Extracurricular Activities (Most recently saved)		
Organization	Dates	Description

From Résumé Creator>Achievements, Activities, and Skills>Activities

References		
Name	Title/Relationship	Contact Information

Self-knowledge and Career Assessments (Most recent results)		
Assessment	Date Saved	What I Learned
Career Cluster Inventory		
Reality Check		
SKILLS		
Interest Profiler		
Work Importance Locator		

From My Portfolio>Sorts and Assessment Results.

Career Clusters of Interest (Put an "X" in your top three clusters)		
Agriculture, Food, and Natural Resources		Hospitality and Tourism
Architecture and Construction		Human Services
Arts, Audio/Visual Technology, and Communications		Information Technology
Business Management and Administration		Law, Public Safety, Corrections, and Security
Education and Training		Manufacturing
Finance		Marketing
Government and Public Administration		Science, Technology, Engineering, and Mathematics
Health Science		Transportation, Distribution, and Logistics

From Career Plan>Know Myself>What career clusters interest you now?

Occupations of Interest (Most recently saved)		
Occupation	Date Saved	What I Learned
		This career is in the _____ cluster. How much schooling do you need for this job? How much money does this job make? What are three job tasks for this job?
		This career is in the _____ cluster. How much schooling do you need for this job? How much money does this job make? What are three job tasks for this job?
		This career is in the _____ cluster. How much schooling do you need for this job? How much money does this job make? What are three job tasks for this job?

From My Portfolio>Favorites>Occupations.

Multiple Intelligences

Howard Gardner

Find your strengths by taking the “quiz” at <http://www.edutopia.org/multiple-intelligences-assessment>

Intelligence	Description	First Try (%)	Second Try (Optional)	Third Try (Optional)
<u>Linguistic</u>	Verbal-linguistic intelligence refers to an individual's ability to analyze information and produce work that involves oral and written language, such as speeches, books, and emails.			
<u>Logical-Mathematical</u>	Logical-mathematical intelligence describes the ability to develop equations and proofs, make calculations, and solve abstract problems.			
<u>Visual-Spatial</u>	Visual-spatial intelligence allows people to comprehend maps and other types of graphical information.			
<u>Intrapersonal</u>	Intrapersonal intelligence refers to people's ability to recognize and assess those same characteristics within themselves.			
<u>Interpersonal</u>	Interpersonal intelligence reflects an ability to recognize and understand other people's moods, desires, motivations, and intentions.			
<u>Musical</u>	Musical intelligence enables individuals to produce and make meaning of different types of sound.			
<u>Bodily-Kinesthetic</u>	Bodily-kinesthetic intelligence entails using one's own body to create products or solve problems.			
<u>Naturalistic</u>	Naturalistic intelligence refers to the ability to identify and distinguish among different types of plants, animals, and weather formations found in the natural world.			
For more on Howard Gardner, his research on learning, and intelligence, visit http://howardgardner.com				

College Readiness

College and Careers Experiences		
College/Career Experience	Date	What did I learn?

Mentoring			
Mentor/Mentee	Hours	Date	Description

Essential Skills Work		
	Dates	Activity
Goal Setting		
Teamwork		
Leadership		
Networking		
Perseverance		
Agility		

Comments/Notes:

Student Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Advisor Signature: _____

Date: _____

(Print, obtain signatures, make a copy for student's file)